FREE 5-DAY DEVOTIONAL

Broken into Beautiful

GWEN SMITH BROKENINTOBEAUTIFUL.COM



Dear Friend,

If you're like most women, you have things in your past that you'd like to forget or things in your present stressing you out. The result? Guilt. Pain. Shame. Frustration. You feel unworthy to move on, to serve God, to be free, and to know peace. While the enemy loves to shackle you with accusations, the Lord loves to extend grace and forgiveness.

I know that many of you are in the trenches of complicated situations, bearing the weight of very heavy burdens. Consider this: **God cares about your struggles**. Jesus didn't sugarcoat the conversation when it came to the subject of pain. He talked straight and promised us that we would have troubles. In the same breath, however, He encouraged us to take heart because He has already overcome every trouble we will face in this world (John 16:33). And that is where our hope and healing begins... with Jesus.

God is all about restoration. He wants to bring you beyond your past mistakes and your present challenges to His wholeness, strength and beauty. As you allow Him to sift through the disappointments of your heart and replace your tears of pain with tears of joy, your faith will rise. My prayer is that through these pages you'll find time to reflect on God's Word, and rest in His love, joy, peace, hope and healing.

Blessings and Peace,

Inten

Some Types For Using This Devotional:

- Invite a friend to join you on this journey. This not only helps with accountability, but also helps you to process what you're reading.
- Consistency is key. Pick a time of day and stick with it.
- Share what you're learning in your conversations or on your social media. When you share what you're learning you will remember more, encourage others and be more likely to apply what you've learned.
- Devotional graphics can be found at **BrokenIntoBeautiful.com**
- Connect with Gwen Smith on <u>Facebook</u> and/or sign up to <u>receive her</u> <u>blog posts</u> for ongoing encouragement in your walk with the Lord.

Let's Begin With Prayer:

Father God,

In the first days of creation, You spoke into the darkness, creating everything around us. When it came time for You to create us, You knelt down on the earth and formed humanity out of the dust with Your own two hands. You then leaned in close to give us Your life giving breath. Our hearts struggle to comprehend Your divine, unconditional love for us. We, Your creation who rebelled against Your Word, have been brought back into a relationship with You through Jesus. It's in His name we begin our study together.

Lord, we indeed want to experience Your love, hope, peace, joy, strength and healing. Through this study of Your Word, we ask You to fill us with the Holy Spirit, guide our hearts to hear, understand, and make changes in our lives so that we can have all You offer so freely to Your children.

As we begin together, help us to finish together. When life and other distractions seek to draw us from this study, tug at our hearts so that we finish strong. We thank You for all You have done and continue to do in our lives. We praise You for Your boundless grace and Your invitation to experience full, abundant and beautiful life in Christ!

We pray and ask these things in Jesus' name, amen!



Who Pefines Your Worth



Years ago, I bought my daughter a really cute jacket at the mall. It was a hoodie made of a cuddly fabric with cream, lavender, and mint green horizontal stripes. The jacket zipped up in the front and was well crafted, stylish, and simply adorable. When I bought it, I felt like the price on the tag was a fair one, so I gladly pulled out my wallet and paid the retail amount. I was a kid in a candy store on the way home - fully anticipating a shriek of happiness from my little bag-of-beans when I gave it to her.

I wasn't disappointed. Kennedy loved her new coat, and I was pleased with my purchase. Happy dances all around... until a week later, when I saw the same jacket in the same store at a greatly reduced price.

Are you tensing up with me?

Suddenly, I felt schnookered! As soon as I saw the red line on the price tag of the unsold coats, everything changed in my mind – Kennedy's jacket wasn't worth what I paid for it.

When we speak of the worth of something, we often consider it to be a relative term. One that has shifting factors. For example, the jacket I bought was thirty-nine dollars, and a week later it was nineteen ninety-nine. The jacket didn't change, but its perceived worth did.

Now, consider the worth of a woman. Are the factors that determine her value based upon variable and shifting factors or are they based upon fixed factors? Seems to be a silly question, doesn't it? Fixed, of course! But, if the answer is so glaringly obvious, why do we struggle so much as women with feelings of worth-lessness? Why do we walk around feeling like that red lined jacket? I think it's because we often allow variable earthly factors to define our worth.

There are so many reasons why women feel worthless:

Because they've been abused (raped, molested, physically abused, verbally abused...)

Because they've been told that they're worthless (by a parent, spouse, sibling, teenage child, or another...)

Because of choices they've made or that have been made for them (divorce, infidelity, abortion, promiscuity, eating disorders, addictions, uncontrolled anger...)

Because they've been cheated on (infidelity, internet affair, pornography...)

Because they're co-dependent (conclude their value based upon other people – "If my husband isn't okay, I'm not okay.")

Because they don't collect a paycheck (stay at home moms that have left the work force, laid off employees, displaced employees, those on disability...)

Because they've battled an illness (unable to care for family, perform basic home duties, participate in ministry or Bible study like they once did, can't drive, cook...)

Unfortunately, the variable factors that we use to define our worth are endless. Many of us feel worthless. *Why?* We've felt ignored, invisible, insignificant, useless, undesired, ugly, unloved, or forgotten. We girls are emotional; broken in many ways. Great portions of our identity and of our personal value are wrapped into combustible packages of emotion - how we feel about this or that. The truth is, our worth has nothing to do with our feelings.

Trust me, I'm not going to try to convince you that I know everything there is to know about feeling like a woman of worth or about being a woman of worth. In fact, the more I know God, the less inclined I am to pretend to have life or faith figured out. I'm constantly tempted to define my worth with activities, emotions, and accomplishments. I've come to realize, however, that this way of thinking is a spiritual dead end road. Scripture tells us that anything we do in our own strength or of our own goodness is of no value to God. "All of us have become like one who is unclean, and all our righteous acts are like filthy rags" (Isaiah 64:6a).

What I DO know is this: because of Jesus Christ, I'm a woman of highest worth. Not because of anything else. We are His daughters, made in His image, precious in His sight. In light of this, we need to set aside feelings that diminish our value, and embrace our proper identity: Child of the King of Kings.

Hear this, friend: feelings of worthlessness are from Satan himself. It burns me up that the enemy has such a strong grip on God's daughters in this area. We need to associate the word worthless with the word lie. That's exactly what it is, a big, fat lie! God wants every one of us to experience hope and healing in Christ and have an appropriate sense of self-worth.

So let's go back to Kennedy's new coat for just a moment. Imagine walking into God's department store. There on the rack, you spy a coat that is just plain fabulous – I mean stop-you-in-your-tracks fabulous! One-size fits all, the tag reads. Yeah, right, you whisper under your breath. Then you flip over the price tag and it's crazy expensive – way beyond what you could ever dream of paying. Like, if you added up every dollar that ever passed through your hands – then multiplied that by ten thousand – that kind of expensive. Then imagine the storeowner walking over to you, slipping the coat off the rack and onto your shoulders.

"It's a perfect fit," He smiles.

"Sir," you manage with a whisper, "I could never afford such a coat. This is meant for royalty and I'm, well, just an ordinary girl."

"Oh precious woman, this coat is made especially for you, and the price has already been paid in full."

As the owner straightens the sleeves on your arms and adjusts the collar around your neck, you notice his hands - nail pierced hands. And suddenly you realize that this is the covering you were meant to wear all along.

You are precious and highly valuable in the eyes of the One who sees. And you never, never, never have to worry about being on anyone's bargain rack again.

God's Word ~~

"You are precious and honored in my sight..." (Isaiah 43:4a, NIV)

"Are not five sparrows sold for two pennies? Yet not one of them is forgotten by God. Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows.

I tell you, whoever acknowledges me before men, the Son of Man will also acknowledge him before the angels of God." (Luke 12:6-8)

Respond ~~

What came to your mind as you read today's devotion?

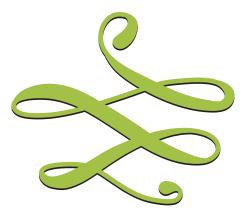
Are you held captive by feelings of worthlessness? Spend a few moments in prayer and ask God to reveal truth to your heart about how He sees you.

Let's Pray ~

Holy Father, I'm humbled to be viewed as precious in Your eyes. Thank You for taking on my sin so that I could take on Your righteousness. Please help me to see myself as You see me. Help me to thrive in Your beauty as a woman of worth! In Jesus' Name, amen.

Reflect ~

Take a few moments to reflect on this devotion and the Scriptures you read today. What do you feel God is speaking to you? What is one thing you can do today (or this week) to apply this? Who is one friend you will share this with?





When my three children were young, it was a challenge to keep track of where they were at all times. My husband and I baby proofed the house as best we could, used gates and did our best. I'll never forget the day that Preston and Kennedy were accounted for in the playroom, but Hunter had wandered off. I called for him, but got no response.

Curious, I headed for the front staircase and listened for his little two-year-old voice. I checked his bedroom – no Hunter. I checked Preston's room – no Hunter. I checked Kennedy's room – no Hunter. By now, my heart was racing and I was growing concerned. As I headed into my bedroom, I began to hear faint noises from the master bathroom. Our bathroom mirror gave me all the information that I needed... Hunter had gotten into my red lipstick.

It. Was. Everywhere!

I wanted to laugh. I wanted to cry!

He was unaware of my presence as he continued his creative red-lipstick artwork on my walls and on the linen closet door. I quickly crossed the threshold of the bathroom door and confronted my little chubby-cheeked, red lipstick-all-over-his-face boy.

And you know what he did?

He hid his scandalous red tool behind his back ... thinking I was none the wiser.

As. If.

I asked him what he was doing. "Nothing," he said with his lips - although his face and my bathroom clearly said otherwise. In my best trying-not-to-laugh mommy voice, I asked him a series of questions and he continued to deny any wrongdoing. Gah!

This sets my heart to wonder ... how many times have I gone before the Lord in prayer holding a tube of red lipstick behind my back? How many times have I – and do I – think I'm pulling one over on HIM?

Just as simply as I saw the tangible evidence of Hunter's red-lipsticked face, God sees my heart and knows what I've been up to. He knows what we've all been up to.

He sees invisible heart matters like pride, anger, and bitterness.

He sees un-forgiveness, un-confessed sins, the habits we cling to, the shows we watch, the gossip we speak or listen to, the private texts and conversations that are happening on social media, and the books we read that don't honor Him.

He sees our failures, every last one of them, and lovingly invites us to allow Him to clean up the messes we've made. The only thing God doesn't see is our sins that have been forgiven. Even when you and I fail God, His love and faithfulness never fails us.

The Bible calls you and me to a higher level of living. A higher level of holiness: in Christ. "Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God." (2 Corinthians 7:1)

Before the messy sins and secrets in our lives can be cleaned up, our red lipsticks need to be tossed. We all have them, you know.

Take a moment to search your heart.

What's your red lipstick today? Are you ready to hand it over to God?



God's Word ~~

Blessed is the man whose sin the Lord does not count against him. (Psalm 32:2)

Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God. (2 Corinthians 7:1)

Respond ~

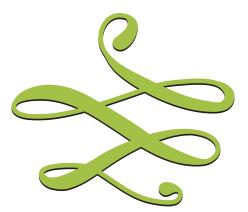
What is (are) the red lipstick(s) that God may be calling you to toss aside? Seek Him in prayer and toss away! Ask God to strengthen your faith and to purify your heart.

Let's Pray ~

Dear God, please forgive me for the things in my life that I've kept from You or try to hide from You. You deserve better from me. Help me eliminate everything in my life and in my heart that "contaminates my body and spirit." I want to reflect Your holiness. In Jesus' Name, amen.

Reflect ~

Take a few moments to reflect on this devotion and the Scriptures you read today. What do you feel God is speaking to you? What is one thing you can do today (or this week) to apply this? Who is one friend you will share this with?



A Soul Poured Out



DAY THREE

The Old Testament book of Samuel introduces us to Hannah: a godly woman who had some serious problems. Her problems weren't brief and they weren't simple. They were year after year problems. Challenges that made her feel empty and frustrated. Have you got a few of those in your life? Sure you do. We all do. Each of us goes through trials and face pain.

Hannah experienced infertility and she also had a disturbing rival-wife problem that was miserably complicated. Yes, cringe with me, I said rival-wife. She was one of two wives to her husband...a cultural norm at the time...but terribly difficult no matter how you slice it. (Read 1 Samuel 1-2 for the full story of Hannah.) Refreshingly enough, in her pain Hannah didn't pretend to be okay. She openly admitted, "I am a woman who is deeply troubled" (1 Samuel 1:15).

There are many lessons we can learn from Hannah, but today I'd like us to look at her response to the problems that burdened her heart. Hanna took her problems to God. She cried out to the Lord. "In bitterness of soul Hannah wept much and prayed to the LORD." (1 Samuel 1:10). She took her burdens directly to God.

Now, I don't know about you, but all too many times I go to the phone before I go to the throne! Who do you cry to when you are deeply troubled? Do you pour out your soul to the LORD, or just pepper Him with vague prayer requests? Hannah didn't just briefly bend a knee here, she poured out her soul! She poured out her sorrow, her disappointments, her frustrations, her depression, her confusion, her anger, her embarrassments, her anguish and her grief.

She poured out her emptiness!

And guess what happened? God filled her with the fullness of His peace! Before she spent time with the Lord, Hannah had lost her appetite and was filled with despair. After she poured out her soul to God, the Bible shows us that her appetite returned and her countenance had changed. *"Then she went her way and ate something, and her face was no longer downcast" (1 Samuel 1:18, emphasis mine). Hannah was "no longer downcast" because she experienced the One and Only life-changing God in the chamber of His presence.*

God is faithful. He longs to fill our souls with peace regardless of the circumstances we face. Hannah was changed in the presence of the Almighty LORD, but realize this: Hannah didn't just do a "drive thru" prayer time with God. She parked there for a while and did some serious business with Him.

Have you done any serious business with God lately?

Got any problems?

Are you dealing with any difficult people?

Are you faced with any seemingly impossible situations?

"Praise be to the Lord, to God our Savior, who daily bears our burdens" (Psalm 68:19). When you get serious with God...when you get real honest and pour out your soul to Him, He will faithfully replace your empty with the fullness of His peace, whether he removes your burdens or allows them to remain.

Don't doubt it for a minute, friend.

Jesus himself said, *"All things are possible with God"* (Mark 10:27). Let's each take courage and approach God with confidence today, knowing that He loves us and is able to do exceedingly and abundantly beyond what we can ask for or imagine. Spend some time pouring out your soul to Him right now.



God's Word ~

"I am a woman who is deeply troubled...I was pouring out my soul to the LORD." (1 Samuel 1:15, NIV)

"Praise be to the Lord, to God our Savior, who daily bears our burdens." (Psalm 68:19)

"All things are possible with God." (Mark 10:27)

Respond ~~

Pause to reflect on the challenges you are currently facing. Make a list of the top concerns on your heart, and then spend time pouring your soul out to the Lord.

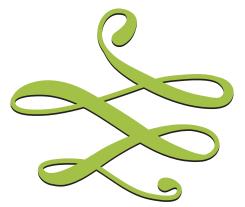
Read Psalm 34, then write out your favorite verses and commit them to memory.

Let's Pray ~0

Heavenly Father, I come to You today and humbly ask Your forgiveness for all of the times that I've taken my burdens to others instead of bringing them to You. Help me to turn to You first when problems come my way. Please blanket my heart with Your peace and give me strength for today. In Jesus' Name, Amen.

Reflect ~

Take a few moments to reflect on this devotion and the Scriptures you read today. What do you feel God is speaking to you? What is one thing you can do today (or this week) to apply this? Who is one friend you will share this with?



The Comparison Game



We live in a competitive world. The pressures to be thin, beautiful, fit, smart, sexy, funny, rich, and popular trap us in a relentless vise-grip. Anyone can become gripped by a disorder or an addictive lifestyle. You could be a college student, a businesswoman, a nurse, a mom, a dance instructor, a retail clerk, or a Sunday school teacher. No one is exempt. Feelings of inadequacy and inferiority ravage hearts of Christians and non-Christians alike.

Our attempts to measure up are all-consuming traps. They focus our attention inward versus upward. When we get caught in the trap of striving to measure up, we focus on ourselves. That was never God's plan. We were designed to focus on Him. Shifting our attention from ourselves to God will change our perspective. God longs for our obsession to be Him.

"I am the Lord; that is my name! I will not give my glory to another or my praise to idols" (Isaiah 42:8).

THE DANGERS OF COMPARING

A common way we attempt to measure up is through comparison. Comparing is one of the most dangerous and destructive behaviors that we women engage in. We compare everything—our husbands, our children, our churches, and our cars. We compare our homes, our schedules, our finances, our blessings, and our burdens. There is a subtle, internal dialogue that plagues our minds and causes us to pull out our measuring sticks and hold them up to the people around us.

That's not to say that we should isolate ourselves or withdraw from awareness of others. We need to be able to relate to our friends, families, and neighbors. No question. But we shouldn't compare ourselves to them.

Comparing your life, your family, your stuff, your failures, and your accomplishments to that of someone else is dangerous. Very dangerous. It draws the focus of your heart to you instead of to God. The comparing game also brews a bitter cup of jealousy and resentment. I should know. I've tasted more than my fair share of that bitter drink.

No, we in the church are not immune to comparisons by a long stretch! How many times have you looked across the aisle and thought, *"She's such a godly woman I wish I was more like her,"* or *"I wish I could pray like her (or sing like her, or speak like her, or bake like her, or be popular like her, or be organized like her)"*?

Often the things we compare are completely meaningless, fluffy things...

Do you have a girlfriend with perfect hair? How about a girlfriend with a husband who treats her as a precious jewel? Got a friend whose house is crazy-organized? Do you have a friend who works out faithfully and looks like she belongs on the cover of a fitness magazine? Got one of those?

Sure you do. So do I.

Honestly, my list of shortcomings could go on forever. I'm keenly aware that I fall short in many areas. It's easy to listen to the voices in your head that say, *"You're not this, and you're not that. You don't do this well, and you can't do that."* Your internal comparison dialogue is a vicious measuring stick that the enemy loves to wave in your face. Your defense in such an attack should be God's truth. You were made to be you, and are called to be uniquely you, for Him.

Yes, we should strive to live lives of excellence. And yes, we should be aware of personal areas that need improvement. But God intends that we should bloom where we are planted and thrive in our giftings so that His Church can function in a healthy, balanced way.

In the New Testament book of 1 Corinthians, the apostle Paul shows us clearly that each of us has a divine design and an important role to play in the Body of Christ.

"For the body is not one member, but many. If the foot says, 'Because I am not a hand, I am not a part of the body,' it is not for this reason any the less a part of the body. And if the ear says, 'Because I am not an eye, I am not a part of the body,' it is not for this reason any the less a part of the body. If the whole body were an eye, where would the hearing be? If the whole were hearing, where would the sense of smell be? But now God has placed the members, each one of them, in the body, just as He desired. If they were all one member, where would the body be? But now there are many members, but one body (1 Corinthians 12:14-20, NASB).

God has a special plan for your life. God's gifts for you are the best gifts for you to possess. He fashioned you in His image and tenderly knit you in your mother's womb. You are purposed to be a God-loving YOU.

It's time we quit chasing the interests of others and start pursuing the passions that were written on our hearts. Our role in the Body of Christ is essential. God wants us to stop trying to measure up to everybody around us and be content in Him.

God's Word ~

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised. (Proverbs 31:30)

I am the Lord; that is my name! I will not give my glory to another or my praise to idols. (Isaiah 42:8)

For the body is not one member, but many. If the foot says, "Because I am not a hand, I am not a part of the body," it is not for this reason any the less a part of the body. And if the ear says, "Because I am not an eye, I am not a part of the body," it is not for this reason any the less a part of the body. If the whole body were an eye, where would the hearing be? If the whole were hearing, where would the sense of smell be? But now God has placed the members, each one of them, in the body, just as He desired. If they were all one member, where would the body be? But now there are many members, but one body. (1 Corinthians 12:14-20, NASB)

Respond ~

Read Ephesians 2:1-10. What observations can you make about the depth of God's love for you and the unique design He has for your life?

Do you accept how much you're loved by God? Does it impact how you perceive yourself?

Let's Pray ~

Dear God, please renew and transform me from the inside out! When feelings of inferiority, insecurity, and self-doubt creep into my heart, help me to see myself the way you do. I want to be held tightly by your truth. In Jesus' Name, amen.

Reflect ~

Take a few moments to reflect on this devotion and the Scriptures you read today. What do you feel God is speaking to you? What is one thing you can do today (or this week) to apply this? Who is one friend you will share this with?



When Mercy Meets Messy



A four-year-old girl was overheard reciting the Lord's Prayer, *"and forgive us our trash baskets, as we forgive those who pass trash against us."* When I first heard that story, I smiled. Then I thought of a conversation I had had recently with a girlfriend.

She is a Christian friend. But though she has "emptied her trash basket" of sin before the Lord in sincere repentance, she has not emptied it of self-condemnation. Not completely. She holds the trash basket lid on tightly.

She is haunted by shame. Haunted by mistakes that are no longer remembered by a holy God. Haunted by sins that have been cast as far as the east is from the west.

"For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him." (Psalm 103:11-13)

These memories haunt her regularly like a spine-chilling horror film monster. As much as she would like to move forward in forgiveness, she just can't find the courage to scare the monster away.

In the New Testament book of John, chapter 8, we meet a woman caught in the act of adultery.

"The legalistic teachers of the law and the Pharisees brought her before Jesus. They publicly humiliated her in front of all the town's people, saying to Jesus, 'Teacher, this woman was caught in the act of adultery. In the Law Moses commanded us to stone such women. Now what do you say?'

Jesus bent down and wrote on the ground with his finger as they continued to question him. Finally, He straightened up and said to them, 'If any one of you is

without sin, let him be the first to throw a stone at her.' Again he stooped down and wrote on the ground.

The crowd eventually thinned to nothing. The older, wiser men cleared first. Then the younger ones trickled away. When the adulterous woman and Jesus were the only ones remaining:

Jesus straightened up and asked her, 'Woman, where are they? Has no one condemned you?'

'No one, sir,' she said.

'Then neither do I condemn you,' Jesus declared. 'Go now and leave your life of sin'." John 8:3-12

My sister, do you see that our holy Lord delights to show us mercy? He does not condemn us as we deserve. The woman in this story was guilty when she was brought to face Jesus, but as she left His presence, her guilt was forgiven. Her trash basket was empty.

When we turn to face Jesus with repentant hearts, our guilt is forgiven as well.

TOSS YOUR TRASH

This account of the adulterous woman teaches us about forgiveness and about judging and condemning others. But what does this lesson teach us about judging ourselves?

While my friend's trash basket contained junk from other people, the lingering condemnation came from memories of decisions she'd made, things she'd done, and brokenness she has experienced because of her own choices. In her heart, she accepts the forgiveness of Jesus, but she can't bear to forgive herself.

So many women won't forgive themselves.

I know that self-loathing. I've lived it. I'm not going to sit here and tell you that forgiving yourself is easy. It's hard—and, in a lot of ways, it should be! But I can testify that it wasn't until I prayerfully allowed the stubborn, strong, and uncondi-

tional love of Jesus to pry my fingers off the lid of my trash basket and empty the condemning contents, that I experienced true freedom and complete forgiveness.

Is there something that you have not been able to forgive yourself for?

My friend, we need to stop beating ourselves up for sins of our past.

We need to stop allowing guilt and shame to chain us to unproductive living.

Jesus humbled Himself by becoming human, endured an excruciating death, and then defied the grave in His resurrection so that we could be restored to a place of complete healing.

Complete healing.

Second Corinthians 5:21 states that "God made Him who had no sin to be sin for us, so that in him we might become the righteousness of God." If you are in Christ, the Bible says that your guilt was paid for on the cross of Calvary. Jesus carried the sins of the world on His shoulders so that you would not have to carry them on yours.

If you are holding on to un-confessed sin, the time has come for you to release your grip. God's Word promises that, *"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness"* (1 John 1:9).

None of us are perfect, just perfectly forgiven in Christ.

Take your hand off the lid and allow the Lord to empty your trash basket of every last condemning voice once and for all. Embrace the freedom that Jesus intends for you to live in.



God's Word ~

"Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death." (Romans 8:1-2)

"For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him." (Psalm 103:11-13)

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." (1 John 1:9)

Respond ~

Recite, write, and memorize these verse: *"Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death."* (Romans 8:1-2)

Grab your journal and write out what God is teaching you. Praise Him for revealing truth to your heart and for His matchless grace.

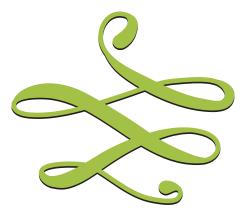
Let's Pray ~0

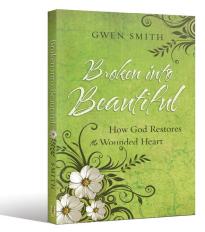
Holy Father, Your mercy defies logic. I don't deserve it, and I don't understand how You could possibly forgive me for all that I have done. Please take my trash basket and empty it. Forgive me today and help me to forgive myself, and others, so I can live freely in Your amazing grace. In Jesus' Name, amen.

Reflect ~

Take a few moments to reflect on this devotion and the Scriptures you read today. What do you feel God is speaking to you? What is one thing you can do today (or this week) to apply this? Who is one friend you will share this with?







Broken Into Beautiful

If you enjoyed this 5 Day Devotional, you are going to love *Broken Into Beautiful*, How God Restores the Wounded Heart. God delights in transforming lives. In *Broken Into Beautiful*, Gwen Smith tells the real–life stories of women with shattered dreams, shameful secrets, and damaged souls, and the God who makes them beautiful again.

The book reminds women of all ages of God's willingness to eternally forgive and forget and of His heart to transform broken lives. Readers will be empowered to believe truth, to remember grace, and to live for God's greater purposes. Broken into Beautiful is ultimately about a beautiful Savior who became broken for us so that all who are broken can be transformed to reflect His beauty.

SPECIAL OFFER: Get 20% OFF Gwen's *Broken Into Beautiful* book today when you order from her website (<u>GwenSmith.net</u>) and use the code: **200FF.**



ABOUT GWEN:

Gwen Smith is an author who speaks, leads worship, and eats potato chips at women's events everywhere, and she is a cofounder of the conference and devotional ministry Girlfriends in God. Her goal is to help women think big thoughts about God and be inspired to live out the grace and truth of Jesus.

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